

Media Contact: Jeanne Forbis, UT Southwestern Medical Center
Cell phone: 214-727-0609; Office 214-648-5420

Healthy hearts, minds, and vision highlight 2015 Carolyn P. Horchow Women's Health Symposium at UT Southwestern

DALLAS – Feb. 25, 2015 – Heart disease, stroke, rehabilitation, and eye health will be among the highlighted topics for the upcoming 2015 Carolyn P. Horchow Women's Health Symposium at UT Southwestern Medical Center.

The symposium, "[First Steps & Second Chances: From Disease Prevention to Life-Renewing Treatments](#)," is hosted each year by UT Southwestern, Southwestern Medical Foundation, and St. Paul Medical Foundation. Co-Chairs of this year's event are sisters Marissa R. Anchia, Margo R. Keyes, and Letty Ramirez.

"Every year this symposium provides fascinating insight into cutting-edge therapies and the latest scientific discoveries for critically important diseases, all made possible by the generous legacy of the late Carolyn Horchow, so revered for her dignity, thoughtfulness, impeccable taste, and charitable giving," said Dr. Carol Podolsky, who serves as physician advisor for the event, held at the T. Boone Pickens Biomedical Building.

The March 31 event includes welcoming remarks by [Dr. Daniel K. Podolsky](#), President of UT Southwestern and holder of the Philip O'Bryan Montgomery, Jr., M.D. Distinguished Presidential Chair in Academic Administration and the Doris and Bryan Wildenthal Distinguished Chair in Medical Science, and symposium faculty advisor [Dr. Carol L. Croft](#), Professor of Internal Medicine, who holds the Baldrige Family Professorship in Internal Medicine and Preventive Care.

Carolyn Horchow, co-founder of The Horchow Collection, gave generously to charities throughout her life and founded the annual Women's Health Symposium at UT Southwestern in 1999 with her friend Patricia M. Patterson. Mrs. Horchow served on the Board of Visitors of UT Southwestern University Hospitals and Clinics, and the Honorary Board of the Modern Art Museum of Fort Worth. She was a volunteer for Meals on Wheels and a member of several charitable organizations, including the Charter 100 of Dallas, Crystal Charity Ball, Dallas Women's Foundation, Planned Parenthood of North Texas, Sweetheart Ball, and Visiting Nurse Association of Texas. She and her husband, retail entrepreneur Roger Horchow, were long-time supporters of UT Southwestern, a tradition Mr. Horchow continues today, and donated a collection of folk art on display in the lobby of the Biomedical Research Building on the North Campus.

Speakers and topics for this year's event include:

- "Heart Breaking and Heart Making: New approaches to regrow the injured heart," by [Dr. Eric Olson](#), Chairman of Molecular Biology, Director of the Hamon Center for Regenerative Science and Medicine, and holder of The Robert A. Welch Distinguished

Chair in Science, the Pogue Distinguished Chair in Research on Cardiac Birth Defects, and the Annie and Willie Nelson Professorship in Stem Cell Research.

- “Protecting Your Heart: Your family history may be more valuable than you think,” by [Dr. Amit Khera](#), Associate Professor of Internal Medicine, who directs UT Southwestern Medical Center’s Preventive Cardiology Program and holds the Dallas Heart Ball Chair in Hypertension and Heart Disease.
- “Visionary Brilliance: Advanced treatments for the aging eye,” by [Dr. Sandhya Iyer](#), Assistant Professor of Ophthalmology.
- “Stroke of Time: Acute care when every minute counts,” by [Dr. Mark Goldberg](#), Chairman of Neurology and Neurotherapeutics, who holds the Linda and Mitch Hart Distinguished Chair in Neurology.
- “Resiliency of Mind and Body: Taking steps to restore function through rehab,” by [Dr. Kathleen Bell](#), Chairman of Physical Medicine and Rehabilitation, who holds the Kimberly-Clark Distinguished Chair in Mobility Research.

Seating for this event is limited. Reservations, which include lunch with faculty, are available by calling 214-648-2344.

About UT Southwestern Medical Center

UT Southwestern, one of the premier academic medical centers in the nation, integrates pioneering biomedical research with exceptional clinical care and education. The institution’s faculty includes many distinguished members, including six who have been awarded Nobel Prizes since 1985. Numbering approximately 2,800, the faculty is responsible for groundbreaking medical advances and is committed to translating science-driven research quickly to new clinical treatments. UT Southwestern physicians provide medical care in 40 specialties to about 92,000 hospitalized patients and oversee approximately 2.1 million outpatient visits a year.

###

This news release is available on our home page at

www.utsouthwestern.edu/home/news/index.html

To automatically receive news releases from UT Southwestern via email,

subscribe at www.utsouthwestern.edu/receivenews